

Psychology B.S. in Health Science (Pre-OT Concentration)
2025-2026
Degree Program – 3 ½ Year Planner

Freshman Year -Fall			Freshman Year - Spring			Freshman Year - Summer		
ENGL 1321	Comp I	3	CSBS 1311	Engaging the Old Testament	3	CSBS 1312	Engaging the New Testament	3
PSYC 1301	General Psychology	3	SOCI 1311	Introduction to Sociology	3	EXAC - -	Activity PE	1
UMHB 1101	Freshman Seminar	1	BIOL 2340/2140	A&P 1 w/lab	4	COMM 1320	Public Speaking	3
XXXX	Elective	3	ENGL 1322	Comp II	3			
MATH 1306	College Algebra	3	XXXX - -	Fine Arts course	3			
UMHB 1002	Chapel		UMHB 1002	Chapel				
UMHB 1005	FAE		UMHB 1005	FAE				
13 credit hours			16 credit hours			7 credit hours		

Sophomore Year - Fall			Sophomore Year – Spring			Sophomore Year - Summer		
PSYC 2331	Intro to Neuroscience	3	EXSS 2355	Medical Terminology	3	XXXX - -	US History or Government	3
PSYC 2314	Res. Methods for S.S.	3	PSYC 3315	Abnormal Psych	3	EXAC - -	Activity PE	1
PSYC 2311 (PSYC 3316)	Developmental Psych OR Child & Adolescent Psych	3	MATH 2303 (PSYC 2316)	Statistics OR Statistics for the SS	3	XXXX - -	Elective	3
BIOL 2341/2141	A&P II w/lab	4	PSYC 2201	Psychological Writing	2			
UMHB 1002	Chapel		PHYS 2411	Physics I with lab	4			
			PSYC 2101	Professions in Psychology	1			
UMHB 1005	FAE		UMHB 1002	Chapel				
			UMHB 1005	FAE				
13 credit hours			16 credit hours			7 credit hours		

Junior Year - Fall			Junior Year - Spring			Junior Year - Summer		
ENGL - -	English Literature	3	XXXX - -	World Cultures	3	XXXX - -	Upper Level Elective	3
EXSS 4395	Motor Behavior	3	PSYC - -	Upper level Psyc elective	3	XXX - -	Elective	3
PSYC 43XX	Psyc Theory choice	3	PSYC 3312	Experimental Psychology	3	XXX - -	Elective	3
EXSS 3390	Anatomical Kinesiology	3	XXXX - -	Upper Level Elective	3			
XXXX - -	Elective	3	UMHB 1005	FAE				
UMHB 1005	FAE							
15 credit hours			12 credit hours			9 credit hours		

Senior Year – Fall		
PSYC 4090	Senior Evaluation	0
PSYC - -	Upper level Psyc elective	3
PSYC 4323	History and Systems of Psyc	3
XXXX - -	Upper Level Elective	3
XXXX - -	Upper Level Elective	3
UMHB 1005	FAE	
12 credit hours		

Total credit hours in degree: 120

*Choose from list of recommended electives or with advisor's approval.