

KIERSTEN L. BOND, Ph.D., CHES®

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EDUCATION

PhD The University of Alabama, Health Education & Health Promotion May 2022
Committee Chair: Dr. Lori W. Turner
Dissertation: *Factors Associated With Help-Seeking Intentions and Behaviors Among College Students With Suicidal Thoughts and Behaviors.*

MA The University of Alabama, Health Sciences August 2013

BA Purdue University, Public Health Promotion & Pre-Medicine May 2010

PROFESSIONAL EXPERIENCE

The Barre Code Dallas- Highland Park, Dallas, TX February 2014- July 2019
Owner/Master Trainer

- Maintain staff by recruiting, hiring, training, scheduling, assigning routines, reviewing and disciplining staff; communicating job expectations along with policies and procedures
- Maintain sales volume by implementing sales objectives and programs
- Complete bi-weekly payroll and create quarterly financial reports
- Handle all marketing and promotional community events
- Order retail and maintain inventory
- Instruct multiple 50 minute Barre, Kickboxing, HIIT and Bootcamp Style Classes

The University of Alabama, Tuscaloosa, AL August 2013 to May 2014
Academic Advisor, Health Science

- Provided guidance and assistance to undergraduate students within their academic program
- Maintained student records and verified student degree requirements were met

The University of Mary-Hardin Baylor, Belton, TX March 2022 to Present
Contractor for Instructional Design, School of Exercise and Sport Science

- **MPHE 6315- Measurement and Evaluation**
- **MPHE 6325- Health Systems, Policy, & Organization**
- **MPHE 6191- Seminar in Public Health**
- **MPHE 6295- Capstone in Public Health**
- **MPHE 6320- Internship in Public Health**

TEACHING EXPERIENCE

The University of Mary Hardin-Baylor, Belton, TX August 2022 to Present
Assistant Professor, School of Exercise and Sport Science, Public Health Program

BSPH 2335- Foundations of Health Sciences: This course provides students an overview of various careers in the health sciences including the aptitudes, abilities and educational pathways required for each. A basic overview of the U.S. health care system and current issues affecting the delivery of health care will also be provided. Throughout the course, interprofessional practice, communication, and ethics in health care will be explored.

Year	Term	Course	Enrollment	Structure
2022	Fall	BSPH 2335 A2	24	Hybrid

BSPH 3320- Program Planning in Health Education and Promotion: This course will provide students with the knowledge and skills essential for the development and implementation of comprehensive health education programs. Students will develop an understanding of the principles of program development, implementation, and a brief overview of evaluation. Students will demonstrate their understanding of these principles and their ability to apply them in practice through the development and presentation of a comprehensive community needs assessment and an intervention proposal.

Year	Term	Course	Enrollment	Structure
2022	Fall	BSPH 3320 01	2	On Campus

BSPH 4191- Seminar in Public Health: This course will be a one-credit hour course taken during the final semester of coursework as part of the professional preparation for students to enter the job market and to prepare students to succeed in passing the CHES examination. (1 credit hour)

Year	Term	Course	Enrollment	Structure
2023	Spring	BSPH 4191-A	1	Hybrid

BSPH 4330- Health Program Evaluation This course will provide an understanding of the various types of program evaluation, including needs assessment, formative evaluation, process evaluation, monitoring of outputs and outcomes, impact evaluation, and outcome evaluation. Students will gain knowledge and practical experience through the design of a conceptual framework, development of indicators, and formulate an evaluation plan to measure program impact.

Year	Term	Course	Enrollment	Structure
2023	Spring	BSPH 4330-01	2	On-Campus

EXAC 2191- Kickboxing/Barre: An Exercise & Sport Activity class involving a combination of cardio kickboxing and barre techniques.

Year	Term	Course	Enrollment	Structure
2023	Spring	EXAC 2191-A3	15	In-Person

MPHE 6315- Measurement and Evaluation: This course will provide an overview of the various types of program evaluation, including formative assessment, process evaluation, monitoring outputs and outcomes, impact evaluation, outcome evaluation, and summative assessment. Students will develop an understanding of measurement in program evaluation.

Year	Term	Course	Enrollment	Structure
2022	Fall	MPHE 6315 B	2	Online

MPHE 6320- Assessment & Program Planning: This course will provide students with an understanding of the procedures for conducting community needs assessments, formative research, process evaluation, monitoring of outputs and outcomes, and impact/outcome evaluations. This course will cover quantitative and qualitative methods used to plan and evaluate health promotion programs. Logic models will guide the development of the program evaluation.

Year	Term	Course	Enrollment	Structure
2022	Fall	MPHE 6320 A	2	Online
2023	Spring	MPHE 6320 B	6	Online

MPHE 6325- Health Systems, Organization and Policy: This course places emphasis on the application of organizational perspectives for health and human service organizations. This course also provides an emphasis on the phases involved in the policy-making process, including evaluating existing policies and their impact on public health. (3 credit hours)

Year	Term	Course	Enrollment	Structure
2023	Spring	MPHE 6325 B	3	Online

The University of Alabama, Tuscaloosa, AL
Adjunct Instructor, Health Science

May 2022 to August 2022

HHE 450- Introduction to Epidemiology for Health Education and Promotion: An introductory course in epidemiology designed to promote an understanding of the analysis and application of epidemiological data for students in health professions with a primary focus on health education and promotion.

Year	Term	Course	Enrollment	Structure
2022	Summer	HHE 450-910	9	Online
2022	Summer	HHE 450-920	8	Distance Learning Online

HHE 520- Theories of Health Behavior: Designed to review research literature regarding health behavior and to analyze various models developed to explain health behavior.

Year	Term	Course	Enrollment	Structure
2022	Summer	HHE 520-910	10	Online
2022	Summer	HHE 520-920	25	Distance Learning-Online

The University of Alabama, Tuscaloosa, AL
Graduate Teaching Assistant, Health Science

January 2020-May 2022

HHE 450- Introduction to Epidemiology for Health Education and Promotion: An introductory course in epidemiology designed to promote an understanding of the analysis and application of epidemiological data for students in health professions with a primary focus on health education and promotion.

Year	Term	Course	Enrollment	Structure
2021	Spring	HHE 450-001	21	Hybrid
2021	Fall	HHE-450-002	14	On-Campus
2022	Spring	HHE-450-002	48	On-Campus

HHE 270 – Personal Health: The purpose of this course is to enable students to gain the knowledge and skills needed to make informed decisions about their health and health-related behaviors. This course offers a thoughtful discussion of individual, social, environmental, and political factors that influence personal health and well-being.

Year	Term	Course	Enrollment	Structure
2020	Spring	HHE 270-001	32	On-Campus/Moved Online
2020	Summer	HHE 270-910	28	Online
2020	Fall	HHE 270-002	36	Hybrid
2021	Summer	HHE 270-910	20	Online
2021	Summer	HHE-270-920	4	Distance Learning Online

The University of Alabama, Tuscaloosa, AL
Adjunct Instructor, Health Science

January 2014 to May 2014

HHE 270 – Personal Health: The purpose of this course is to enable students to gain the knowledge and skills needed to make informed decisions about their health and health-related behaviors. This course offers a thoughtful discussion of individual, social, environmental, and political factors that influence personal health and well-being.

Year	Term	Course	Enrollment	Structure
2014	Spring	HHE 270-004	28	On-Campus
2014	Spring	HHE 270-005	36	On-Campus

RESEARCH EXPERIENCE

The University of Alabama, Tuscaloosa, AL

August 2019-May 2022

Graduate Research Assistant, Health Science

- Mentors: David A. Birch, PhD, MCHES; Ransome M. Eke, MD, PhD, MCHES; Lori W. Turner, PhD, RD
 - Undergraduate Research Team Mentor August 2020- May 2021
 - Undergraduate and Graduate Research Team Leader August 2021- May 2022
 - Preceptor for Culminating Experience Course

ASSOCIATED PUBLICATIONS/RESEARCH

Moore, J.B., Turner, L.W., **Bond, K.L.** (2022). Reducing chronic disease risk through positive oral health practices: A systematic review of school-based dental health programs. *American Journal of Health Education*, 53(3), 133-141.

Eke, R.M., Yang, X., **Bond, K.L.**, Hanson, C., Jenkins, C., & Paton, J. (2021). Healthcare utilization and Medicaid spending in children with type 1 diabetes in the U.S.: Analysis of the Alabama Medicaid program. *Population Health Management*, 25(1), 65-72.

Eke, R.M., Li, T., **Bond, K.L.**, Ho, A., Graves, L. (2020). Viewing trend and users' perception of the effect of sleep-aiding music posted on YouTube; Quantification and thematic content analysis. *Journal of Medical Internet Research*, 22(8), e:15697.

Manuscripts in Progress

Bond, K.L., Elliott, C., Heimann, M., Luddy, R., Flora, J., Harrington, A., & Turner, L.W. (In Progress). Evaluation of top ranked search engine web-based osteoporosis material.

Bond, K.L., & Turner, L.W. (In Progress). Evaluation of top-ranked search engine web-based suicide ideation prevention materials.

Bond, K.L., Love, H., Turner, L.W., Stellefson, M, Leeper, J., Chaney, B. (In Progress). Factors that influence intentions to seek formal and informal mental health help among college students with suicidal thoughts and behaviors.

PEER REVIEWED PRESENTATIONS

Bond, K.L., & Knol, L. (2021). Depression and employment: A cross-sectional study using NHANES 2015-2018. Abstract accepted for oral presentation at the annual APHA conference.

Moore, J.B., **Bond, K.L.**, & Turner, L.W. (2021). Evaluation of high search engine ranked web-based dental health educational materials. Abstract accepted and assigned presenter for Poster Presentation at the annual APHA conference.

Turner, L.W., Moore, J.B., & **Bond, K.L.** (2021). Reducing social isolation among aging adults with osteoporosis: Enhancing medication adherence. Abstract accepted for Poster Presentation at the annual APHA conference.

Bond, K.L., Moore, J.B., & Turner, L.W. (2020). Evaluation of top-ranked search engine web-based suicide ideation prevention materials. Abstract accepted for Roundtable Presentation at the annual APHA conference.

Birch, D.A., Murray, S., **Bond, K.L.**, Auld, E.M., & Buckley, J. (2020). The future of school health education: Recent progress-current action. Abstract accepted for Poster Presentation at the annual ASHA conference.

PROFESSIONAL MEMBERSHIPS

American Public Health Association	2020-Present
• Member	
American School Health Association	2020-2021
• Member	

PROFESSIONAL SERVICE

Abstract Reviewer

- American Public Health Association
- Society for Public Health Education

Poster Presentation Judge

- Health Science Department Undergraduate Conference, University of Alabama

Mentored Peer-Reviewer

- American Journal of Health Behavior

Mentored Abstract Reviewer

- Society for Nutrition Education & Behavior

PROFESSIONAL DEVELOPMENT

American Sports & Fitness Association

- Personal Trainer Certification

Certified Health Education Specialist (CHES)

CITI Training

MEMBERSHIP/SERVICE

Delta Delta Delta Fraternity

- Social Chair

- Recruitment Chair